

MONTHLY BANGALORE BANNERGHATTA ROAD CAMPUS

SEPTEMBER, 2023

NEWSLETTER

ISSUE 003



“THE FUNCTION OF
EDUCATION IS TO TEACH
ONE TO THINK INTENSIVELY
AND TO THINK CRITICALLY.
INTELLIGENCE PLUS
CHARACTER - THAT IS THE
GOAL OF TRUE EDUCATION.”

- MARTIN LUTHER KING JR.

SDG Cell BGR Launch Event

11th September, 2023

In a significant milestone for CHRIST (Deemed to be University) Bangalore Bannerghatta (BGR) Campus, the launch event marked the initiation of our university's dedicated journey towards integrating the UN Sustainable Development Goals (SDGs) into our core ethos.

This remarkable event, a collaborative effort between our passionate students and dedicated faculty, proved to be both engaging and thought-provoking. Participants left with not only a deeper understanding of the SDGs but also a heightened commitment to advancing a fair and equitable society. The event epitomized the universal call to action to eradicate poverty, protect the environment, and ensure that, by the year 2030, every individual can thrive in a world of peace and prosperity.



The exhibition effectively achieved its goals of raising awareness, imparting knowledge, and igniting a passion for positive societal change.

1. SDG 2 - Zero Hunger: The discussions revolved around the food industry, exploring sustainable alternatives to address hunger-related issues.
2. SDG 8 - Decent Work and Economic Growth: Key topics included sustainable labor policies, job creation, enhancing employability, and improving educational opportunities for all.
3. SDG 16 - Peace, Justice, and Strong Institutions: Engaging activities delved into matters like women's empowerment, democracy, and debates on meritocracy in admissions criteria.

This launch event marked a significant step in our university's commitment to championing the UN SDGs and creating a brighter, more sustainable future."

"The aim of education should be to teach us how to think, rather than what to think"

- Dr. Sarvepalli Radhakrishnan

FREE GYNECOLOGY CONSULTATION CAMP *14th September, 2023*

In a thoughtful initiative, CCHS organized a complimentary gynecology health camp exclusively for the faculties and staff at the Bannerghatta Road Campus. Dr. Sumangala, a renowned gynecologist from Rainbow Hospital, graced the event with her presence at 2:00 pm. This event saw enthusiastic participation from registered faculties and staff, who benefited from free consultations with Dr. Sumangala and received their prescriptions.



Express Train by Mindpeers

15th September, 2023

In a captivating and enlightening event, Mindpeers orchestrated a profound exploration of expressive arts and positive psychology, highlighting their pivotal roles in bolstering self-awareness and conquering mental health challenges. The event was designed to equip participants with the knowledge and tools necessary for a deeper understanding and effective management of their emotions.



The day commenced with a series of illuminating presentations delivered by renowned experts in the fields of expressive arts and positive psychology. These presentations illuminated the transformative power of creative expression on mental well-being. Attendees delved into the diverse realms of expressive arts, including visual arts, music, and dance, discovering how these creative outlets can serve as therapeutic means for self-discovery and healing. Additionally, the principles of positive psychology, focusing on strengths cultivation and resilience promotion, were thoroughly explored.

Following these enlightening presentations, participants were encouraged to actively apply the newly acquired knowledge. Each attendee was invited to download the innovative "MindPeers" application, a digital platform uniquely designed to nurture self-awareness and emotional exploration.

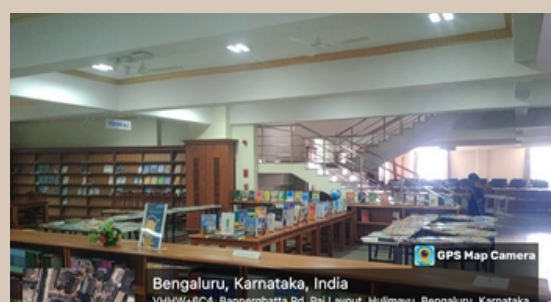
Participants engaged in a hands-on activity within the app, employing colors that resonated with their current mood and employing images or strokes to convey their emotions in the present moment. This interactive exercise provided a platform for attendees to harness their inner creativity while gaining profound insights into their thoughts and emotions.

Books Display for World Tourism

25th- 30th September, 2023

The CHRIST (Deemed to be University) Library at the Bannerghatta Road Campus (BGR Campus) has organized a book display event from September 25th to September 30th, 2023, in honor of World Tourism Day, with a specific focus on the Tourism Department.

Furthermore, a list of previously unutilized books has been shared with the Tourism Department, Followed by a request for their engagement in conducting activities related to these books.





Bhasha Utsav 2023



Bhasha Utsav
2023



Teachers' Day Celebration

05 September



Teachers' Day Celebration





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